## GRAHAM GREENE

 JAA
## OCCUPANT SURVIVABILITY PROJECT ADVISORY GROUP

(ON BEHALF OF ICE ERGONOMICS LTD UK)

## ANTHROPOMETRIC RESEARCH

## STUDY

- ICE Ergonomics
- J Mark Porter Professor of Design

Ergonomics, Loughborough University

- A Moody Professor of Academic Radiology, University of Nottingham


## STUDY OBJECTIVES

- Gather appropriate anthropometric data
- Review values in existing regulations
- Review scope of existing regulations
- Consider physiological aspects of long term sitting


## Contract Award

* Tenders invited in European Journal
* JAA review
* ICE Ergonomics awarded contract


## TIMETABLE

- One year study
- Research Report published September 2001
- Available on ice.co.uk


## CURRENT REGULATIONS

(AN64, UK ONLY)


FIGURE 1 MINIMUM DIMENSION REQUIRED BY PARAGRAPHS 4.1, 4.2 AND 4.3

## CURRENT REGULATIONS

## (AN64, UK only)

- Dimension A: The minimum distance between the back support cushion of a seat and the back of the seat or other fixed structure in front - 26 inches (660mm)
- Dimension B: The minimum distance between a seat and the seat or other fixed structure in front - 7 inches (178mm)
- Dimension C: The minimum vertically projected distance between seat rows or between a seat and any fixed structure forward of the seat - 3 inches (76mm)


## STUDY METHODOLOGY

- Reviewed current practice in other forms of transport
- Passenger Survey
- Ergonomist Assessment
- Application of European and Worldwide Anthropometric Data


## PASSENGER SURVEY

- >300 Passenger Questionnaires Analysed
- Greatest number of reported seat access problems associated with dimensions $A, B$ and $C$
- Mobility problems experienced by 75\% of respondents


## ANTHROPOMETRIC DATA

- Mean male UK height increased by 1.7 cm between 1981 and 1995!
- Weight has increased more rapidly!
- 'Peoplesize 2000' used as main data source - (believed to be the most comprehensive collection of static anthropometric information in the public domain)


## (95 ${ }^{\text {th }}$ AND 99th $\%$ MALE BUTTOCKKNEE LENGTH

|  | $95^{\text {th }} \%$ | $99^{\text {th }} \%$ |
| :--- | :--- | :--- |
| British | 677 mm <br> $(26.7 \mathrm{in})$ | 704 mm <br> $(27.7 \mathrm{in})$ |
| European | 690 mm <br> $(27.2 \mathrm{in})$ | 715 mm <br> $(28.1)$ |
| World | 692 mm <br> $(27.2 \mathrm{in})$ | 722 mm <br> $(28.4)$ |

## PERCENTILE AN64 APPLICABILITY

|  | Equivalent <br> Percentile |
| :---: | :---: |
| British | 88 |
| European | 77 |
| World | 80 |

## BRACE POSITION



FORWARD FACING PASSENGER BRACE POSITION

## AN64 DIMENSIONS B AND C

- Dimension B: The minimum distance between a seat and the seat or other fixed structure in front - 7 inches (178mm)
- Dimension C: The minimum vertically projected distance between seat rows or between a seat and any fixed structure forward of the seat - 3 inches (76mm)


## SEAT CUSHION HEIGHT

|  | $1^{\text {st }} \%$ ile | $5^{\text {th }} \%$ ile | 95th \%ile | 99th \%ile |
| :--- | :--- | :--- | :--- | :--- |
| British | 351 mm <br> $(13.8 \mathrm{in})$ | 356 mm <br> $(14.0 \mathrm{in})$ | 499 mm <br> $(19.6 \mathrm{in})$ | 518 mm <br> $(20.4 \mathrm{in})$ |
| Europe | 351 mm <br> $(13.8)$ | 356 mm <br> $(14 \mathrm{in})$ | 518 mm <br> $(20.4)$ | 536 mm <br> $(21.1)$ |
| World | 318 mm <br> $(12.5)$ | 331 mm <br> $(13.0 \mathrm{in}$ | 501 mm <br> $(19.7 \mathrm{in})$ | 520 mm <br> $(20.5 \mathrm{in})$ |

## $1^{\text {st }} \%$ ile WORLD FEMALE AND 98th $\%$ WORLD MALE



## 5th \%ile WORLD FEMALE (LEFT) AND A 1st \%ile WORLD FEMALE (RIGHT) SITTING IN TYPICAL CURRENT HEIGHT SEAT



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# HEALTH ISSUES (DEEP VEIN THROMBOSIS) 

- Identified during WWII
- Recent concerns
- Study guidelines


## DVT DATA COLLECTION PROBLEMS

- By definition passengers are travelling and therefore collation of data is difficult.
- The disease is often difficult to diagnose clinically.
- Diagnostic tests may miss small clots.
- Presentation may be sometime after the travel episode.
- Asymptomatic disease will go unnoticed.


## PHYSIOLOGY

- 1. Raised venous hydrostatic pressure
- 2. Hypoxia
- 3. Dehydration
- 4. Decreased venous blood flow
- 5. Vein trauma
- 6. Hypercoaguability
- 7. Smoking
- 8. Pre-existing cardiovascular problems
- 9. History of thromboembolic disease


## INCIDENCE

- 1 in 1000 symptomatic
- 100 in 1000 asymptomatic
- Air travel related DVT approximately $10 \%$ of total


## PROTECTIVE MEASURES

- Avoiding dehydration
- Exercise
- Aspirin?


## POTENTIAL FOR AIRCRAFT SEAT DESIGN

The intrinsic factors related to position while seated are:

- Stasis/Low Flow
- Hydrostatic Pressure


## NEED FOR FURTHER RESEARCH

- DVT - World Health Organisation Study
- Evacuation Studies to investigate mobility issues


## REGULATORY POSITION

## JAA Specialist Group:

- Consider regulatory action
- Specify needs for additional research

